

# 2011 PREVENTIVE HEALTH SCREENINGS FOR CHILDREN

ASK YOUR DOCTOR ABOUT THESE PREVENTIVE SERVICES

Preventive health care services can help your children increase their chances of living a longer and healthier life. Basic recommendations for preventive pediatric health care include regular checkups, tests, and immunizations. The following chart provides guidelines for you to help ensure that your child receives the correct health care services.

METHOD	RECOMMENDED AGES
<b>HEALTH AND WELLNESS EDUCATION</b>	
Provider guidance in areas of injury and illness prevention, nutrition, oral health, social competence, school performance, sexuality, responsibility, parent interaction, family relationships, and community interaction.	<ul style="list-style-type: none"> <li>Prenatal through age 21 years</li> </ul>
<b>HEALTH HISTORY</b>	
Initial/Interval	<ul style="list-style-type: none"> <li>Prenatal through age 21 years</li> </ul>
<b>EXAMS</b>	
Annual Physical Examinations	<ul style="list-style-type: none"> <li>Newborn through age 21 years</li> </ul>
Oral Health	<ul style="list-style-type: none"> <li>Ages 6, 9, 12, 18, 24, and 30 months*</li> <li>Ages 12, 18, 24, 30 months; 3 and 6 years</li> </ul>
<b>MEASUREMENTS</b>	
Length/height and weight	<ul style="list-style-type: none"> <li>Newborn through age 21 years</li> </ul>
Head circumference	<ul style="list-style-type: none"> <li>Newborn through age 24 months</li> </ul>
Weight for length (growth chart)	<ul style="list-style-type: none"> <li>Newborn through age 18 months</li> </ul>
Body mass index (BMI) for weight education	<ul style="list-style-type: none"> <li>Ages 24 months to age 21 years</li> </ul>
Blood pressure	<ul style="list-style-type: none"> <li>Newborn through age 30 months*</li> <li>Ages 3 through 21 years</li> </ul>
<b>SENSORY SCREENING</b>	
Vision	<ul style="list-style-type: none"> <li>Newborn through age 30 months; 7, 9, 11, 13, 14, 16, 17, and 19-21 years*</li> <li>Ages 3-6, 8, 10, 12, 15, and 18 years</li> </ul>
Hearing	<ul style="list-style-type: none"> <li>Ages 3-5 days through 30 months; 3, 7, 9, and 11 through 21 years*</li> <li>Newborn, ages 4, 5, 6, 8, and 10 years</li> </ul>
<b>DEVELOPMENTAL/BEHAVIORAL ASSESSMENTS</b>	
Developmental screening	<ul style="list-style-type: none"> <li>Ages 9, 18, and 30 months</li> </ul>
Autism screening	<ul style="list-style-type: none"> <li>Ages 18 and 24 months</li> </ul>
Developmental surveillance	<ul style="list-style-type: none"> <li>Newborn through age 6 months; 12, 15, 24 months and ages 3-21 years</li> </ul>
Psychosocial/behavioral assessment	<ul style="list-style-type: none"> <li>Newborn through age 21 years</li> </ul>
Alcohol and drug use assessment	<ul style="list-style-type: none"> <li>Ages 11 through 21 years*</li> </ul>
<b>PROCEDURES</b>	
Newborn metabolic/hemoglobin screening	<ul style="list-style-type: none"> <li>Once between newborn to age 2 months</li> </ul>
Immunizations	<ul style="list-style-type: none"> <li>Newborn through age 21 years</li> </ul>
Hematocrit or hemoglobin (blood tests)	<ul style="list-style-type: none"> <li>Ages 4, 18, 24 months; 3-21 years*</li> <li>Age 12 months</li> </ul>
Lead screening	<ul style="list-style-type: none"> <li>Ages 6, 9, 12, 18, and 24 months; 3-6 years*</li> <li>Ages 12 and 24 months</li> </ul>
Tuberculin test	<ul style="list-style-type: none"> <li>Ages 1, 6, 12, 18, and 24 months; 3 through 21 years*</li> </ul>
Dyslipidemia (cholesterol) screening	<ul style="list-style-type: none"> <li>Ages 24 months; 4, 6, 8, 10 through 17 years, and once between 18 to 21 years*</li> </ul>
STI (Sexually Transmitted Infections)/STD screening	<ul style="list-style-type: none"> <li>Ages 11 through 21 years*</li> </ul>
Cervical dysplasia screening (Pelvic Exams)	<ul style="list-style-type: none"> <li>Ages 11 through 21 years*</li> </ul>

\*Risk assessment to be performed with appropriate action to follow if positive

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